

5km (female)

Pos	Bib#	Athlete	Gender	2.5 km	5 km	Pace
1	622	Mieke Goetschalckx	F	0:09:41	0:19:18	3:51
2	526	Sofie Heuninckx	F	0:09:57	0:20:19	4:03
3	554	Anja Peeters	F	0:10:11	0:20:22	4:04
4	532	Elisa Deblier	F	0:10:21	0:20:52	4:10
5	614	Jens Hooyberghs	F	0:11:00	0:21:14	4:14
6	590	Jolien Vanendert	F	0:10:40	0:21:50	4:22
7	638	Cynthia Huybrechts	F	0:10:48	0:22:02	4:24
8	560	Liliane Coomans	F	0:10:54	0:22:07	4:25
9	642	Nathalie Vangeel	F	0:11:05	0:22:11	4:26
10	627	Elien Hooyberghs	F	0:12:05	0:23:33	4:42
11	558	Eline Vereecken	F	0:12:06	0:23:56	4:47
12	565	Sonja Proesmans	F	0:12:00	0:24:00	4:48
13	650	Goele Goossens	F	0:12:46	0:24:52	4:58
14	264	Mia Clymans	F	0:12:41	0:25:16	5:03
15	643	Lodie Schuurmans	F	0:12:02	0:25:18	5:03
16	268	Sterre Willems	F	0:12:44	0:25:18	5:03
17	600	Ellen Schepers	F	0:13:06	0:25:43	5:08
18	562	Elke Buyle	F	0:13:02	0:25:51	5:10
19	521	Hannelore Bruyninckx	F	0:12:44	0:25:55	5:11
20	561	Hanne Mondelaers	F	0:13:03	0:26:04	5:12
21	557	Lies Bens	F	0:13:01	0:26:51	5:22
22	587	Yullis Van de Walle	F	0:13:30	0:27:03	5:24
23	606	Kizzy Mertens	F	0:13:40	0:27:04	5:24
24	582	Cindy Scheerlinck	F	0:13:56	0:27:35	5:31
25	612	Jolein Versmissen	F	0:14:28	0:28:12	5:38
26	551	Jana Horemans	F	0:14:28	0:28:12	5:38
27	646	Lenie Ooms	F	0:14:28	0:28:12	5:38
28	623	Karin Meeusen	F	0:14:25	0:28:28	5:41
29	615	Lincy Ost	F	0:14:05	0:28:49	5:45
30	588	Karen Verheyen	F	0:14:21	0:28:51	5:46
31	523	Nele Versteynen	F	0:14:24	0:29:15	5:51
32	273	Carolien Salaets	F	0:15:03	0:29:25	5:53
33	252	Janne Raedts	F	0:15:33	0:29:26	5:53
34	777	Ronita Deckx	F	0:14:54	0:29:29	5:53
35	272	Priscilla Cools	F	0:15:03	0:29:33	5:54
36	599	Sofie Vanuytven	F	0:15:33	0:29:40	5:56
37	524	Eline Verwimp	F	0:15:35	0:29:44	5:56
38	505	Katrien beyens	F	0:15:19	0:30:04	6:00
39	504	Mieke Cumps	F	0:15:19	0:30:04	6:00
40	545	Eva De Laet	F	0:15:35	0:30:17	6:03
41	507	Kiala Fraters	F	0:15:15	0:31:33	6:18
42	540	Nele Vanderwegen	F	0:16:07	0:31:42	6:20
43	263	Monik Van Loock	F	0:16:01	0:31:46	6:21
44	539	Dorien Janssens	F	0:15:54	0:31:50	6:22
45	503	Peggy Bossaerts	F	0:16:32	0:31:57	6:23
46	255	HV Khor	F	0:15:05	0:32:02	6:24
47	512	Godelieve van Otterdijk	F	0:16:06	0:32:06	6:25
48	258	Annemarie Willems	F	0:16:29	0:32:06	6:25
49	585	Cathy Aerts	F	0:16:00	0:32:10	6:26
50	509	Anouk Molenberghs	F	0:16:08	0:32:21	6:28
51	514	Inne Meeus	F	0:16:30	0:32:42	6:32
52	533	Anja Van den Heuvel	F	0:17:01	0:33:14	6:38
53	534	Els Schellekens	F	0:17:01	0:33:22	6:40
54	267	Boo Dillen	F	0:17:26	0:33:41	6:44
55	542	Lotte Geys	F	0:17:26	0:33:41	6:44
56	564	Noa Claes	F	0:17:26	0:33:42	6:44
57	511	Anske Paeshuyse	F	0:17:44	0:34:38	6:55

5km (female)

Pos	Bib#	Athlete	Gender	2.5 km	5 km	Pace
58	547	Sterre Diepvens	F	0:17:58	0:34:53	6:58
59	259	Lindy Hoviu	F	0:17:52	0:34:53	6:58
60	257	Evelien Rosch	F	0:17:52	0:34:53	6:58
61	573	Maya Marien	F	0:17:55	0:34:58	6:59
62	568	Lenie Stempher-Arts	F	0:17:49	0:35:54	7:10
63	548	Linne Diepvens	F	0:17:58	0:36:16	7:15
64	550	Tiny Van Goubergen	F	0:17:58	0:36:16	7:15
65	602	Chris Van Loock	F	0:18:06	0:36:33	7:18
66	535	Sandra Calders	F	0:18:22	0:37:09	7:25
67	501	Louise Van Buggenhout	F	0:17:55	0:37:54	7:34
68	538	Ianna Godefridi	F	0:24:58	0:41:23	8:16
69	502	Joyce Stockaer	F	0:20:38	0:41:31	8:18
70	500	Peggy Laeremans	F			
71	508	Marian Eykmans	F			
72	515	kelly mathijs	F			
73	517	Brenda Alen	F			
74	518	lisiane lalieux	F			
75	522	Gwen Vanderhoydonck	F			
76	536	Anja Van den Heuvel	F			
77	569	Sterre Willems	F			
78	575	Andrea Gyarmati	F			
79	589	Liesbeth Linders	F			
80	603	Anneleen Van der Schoepen	F			
81	617	Lindsay Alen	F			
82	618	ilse breugelmans	F			

5km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5 km	Pace
1	637	Leroy Buttiens	M	0:07:38	0:15:24	3:04
2	528	Mischa Hermans	M	0:07:50	0:16:16	3:15
3	633	Jan Schoofs	M	0:08:16	0:16:51	3:22
4	629	Yenthe Vandersmissen	M	0:08:12	0:17:04	3:24
5	594	Wouter Meeus	M	0:08:26	0:17:25	3:29
6	570	Jarne Smolders	M	0:08:17	0:17:46	3:33
7	598	Jente Riemis	M	0:08:33	0:17:50	3:34
8	645	Luc Van De Sande	M	0:08:37	0:18:05	3:37
9	635	Wim De Vries	M	0:09:01	0:18:08	3:37
10	648	Kim Beynaerts	M	0:09:01	0:18:12	3:38
11	640	Brent Sjongers	M	0:09:00	0:18:21	3:40
12	619	benny kerckhoven	M	0:09:07	0:18:45	3:45
13	537	Eric Van der Meijden	M	0:09:16	0:18:51	3:46
14	601	Dave Gysemans	M	0:09:07	0:18:58	3:47
15	250	Karel Teunkens	M	0:09:41	0:19:18	3:51
16	630	Renzo Exelmans	M	0:09:41	0:19:34	3:54
17	631	Yves Exelmans	M	0:09:48	0:19:52	3:58
18	641	Davy Huysmans	M	0:09:59	0:20:02	4:00
19	553	Ronny Corthout	M	0:10:10	0:20:23	4:04
20	580	Iudo heylighen	M	0:10:11	0:20:42	4:08
21	613	Renzo mariani	M	0:10:33	0:21:28	4:17
22	266	Eddy Vermeulen	M	0:10:41	0:21:38	4:19
23	625	Simon Van Nooten	M	0:10:56	0:21:40	4:20
24	649	Bjorn Vermeire	M	0:10:37	0:21:41	4:20
25	586	Florian Deblrier	M	0:10:46	0:21:46	4:21
26	593	Frederik Meeus	M	0:11:40	0:22:03	4:24
27	632	Walter Verlinden	M	0:11:05	0:22:11	4:26
28	620	pascal kerckhoven	M	0:11:17	0:22:23	4:28
29	621	raf kerckhoven	M	0:11:17	0:22:23	4:28

5km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5 km	Pace
30	571	Dirk Schellekens	M	0:11:04	0:22:37	4:31
31	592	Ruben Brockhoven	M	0:11:05	0:22:57	4:35
32	527	Erik Hendrickx	M	0:11:00	0:23:05	4:37
33	541	Jimmie Vankerkhoven	M	0:11:48	0:23:14	4:38
34	611	Guy Van den Heuvel	M	0:12:09	0:23:35	4:43
35	610	Marc Van Tendeloo	M	0:12:02	0:23:40	4:44
36	572	YVES KIESEKOMS	M	0:12:16	0:23:42	4:44
37	530	Aron Van den Broeck	M	0:12:19	0:23:42	4:44
38	531	Bart Boeckx	M	0:12:19	0:23:44	4:44
39	639	Kurt Sjongers	M	0:11:53	0:23:47	4:45
40	556	Tom Bens	M	0:12:05	0:23:57	4:47
41	265	Marc Goris	M	0:11:31	0:23:57	4:47
42	520	Andrew Martens	M	0:12:19	0:24:00	4:48
43	546	Raph Zomers	M	0:12:00	0:24:01	4:48
44	519	Brent Vanhoof	M	0:11:57	0:24:10	4:50
45	644	Jens Jacobien	M	0:12:01	0:24:14	4:50
46	636	Stief Van Gestel	M	0:12:01	0:24:26	4:53
47	605	Dennis Verboven	M	0:12:37	0:24:36	4:55
48	609	Michiel Hagen	M	0:12:05	0:24:48	4:57
49	597	jarne vanardennen	M	0:12:20	0:24:51	4:58
50	591	Roel Peeters	M	0:12:37	0:25:23	5:04
51	544	Toon Heylen	M	0:12:46	0:25:25	5:05
52	634	Ward Borgmans	M	0:12:40	0:25:30	5:06
53	608	Kaddour Kaddour	M	0:13:02	0:25:48	5:09
54	559	Glenn Franssens	M	0:13:01	0:25:59	5:11
55	578	Berre Van Gestel	M	0:13:06	0:26:14	5:14
56	543	Thorbe Theunissen	M	0:12:57	0:26:28	5:17
57	577	Jonas Damiaens	M	0:13:42	0:26:57	5:23
58	261	Brent De Ceuster	M	0:13:41	0:27:12	5:26
59	604	Robin Vanuytven	M	0:13:59	0:27:13	5:26
60	525	Sander Wils	M	0:13:59	0:27:14	5:26
61	253	Stef Govaerts	M	0:14:01	0:27:16	5:27
62	552	Henri Sevenants	M	0:13:19	0:27:21	5:28
63	626	guen vaes	M	0:14:05	0:27:21	5:28
64	581	Jurgen Aerts	M	0:13:56	0:27:35	5:31
65	506	Jenthe Heyns	M	0:14:00	0:27:40	5:32
66	269	Siebe Ceunen	M	0:13:57	0:28:57	5:47
67	566	Joris Keldermans	M	0:13:58	0:28:58	5:47
68	624	Bart Van Nooten	M	0:14:29	0:29:00	5:48
69	256	Mav Merckx	M	0:15:11	0:29:18	5:51
70	576	Arno Damiaens	M	0:15:40	0:29:23	5:52
71	574	Hans Damiaens	M	0:15:40	0:29:24	5:52
72	251	Kobe Raedts	M	0:15:33	0:29:31	5:54
73	513	eddy driessens	M	0:15:34	0:29:48	5:57
74	270	Japer Dennart	M	0:15:28	0:30:34	6:06
75	262	Herman De Sobrie	M	0:16:01	0:31:47	6:21
76	260	Mark Castelijns	M	0:16:28	0:32:01	6:24
77	584	Koen Bevers	M	0:16:00	0:32:05	6:25
78	510	Kris Geldof	M	0:16:08	0:32:22	6:28
79	647	Robbie Deckx	M	0:15:43	0:33:36	6:43
80	549	Klaas Vereist	M	0:17:58	0:34:52	6:58
81	254	Sjef Beens	M	0:17:52	0:34:55	6:59
82	555	Benny Bens	M	0:29:30	0:40:15	8:03
83	516	Jasper Leysen	M	0:20:38	0:41:31	8:18
84	563	Edwin Cools	M	0:11:27		
85	607	Jetze Smolders	M	0:27:04		
86	529	Lenny Hermans	M			
87	567	Harrie Stempher	M			

5km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5 km	Pace
88	579	Victor Dillen	M			
89	583	Danny Peeters	M			
90	595	Paul Holemans	M			
91	596	Jean-luc Tuerlinckx	M			
92	616	Kaddour Kaddour	M			
93	271	Joris Van den Borgh	M			
94	628	Rudy Hus	M			