

10km (female)

Pos	Bib#	Athlete	Gender	2.5 km	5.0 km	7.5 km	10 km	Pace
1	655	Ruth Van Campen	F	0:09:47	0:19:41	0:29:41	0:39:36	3:57
2	662	Karen Verrydt	F	0:10:21	0:20:51	0:31:34	0:42:04	4:12
3	682	Hilde Schroven	F	0:10:46	0:22:00	0:33:20	0:44:25	4:26
4	673	Anke Van Aaken	F	0:11:23	0:22:52	0:34:32	0:46:20	4:38
5	698	Annelies Dams	F	0:11:11	0:22:46	0:34:44	0:46:25	4:38
6	699	Hanne Hoskens	F	0:11:11	0:22:56	0:34:58	0:46:56	4:41
7	663	Hanne Van Gils	F	0:11:16	0:23:20	0:35:19	0:47:05	4:42
8	689	Anneleen Doumen	F	0:11:25	0:23:20	0:35:24	0:47:26	4:44
9	709	Elke Luypaerts	F	0:12:03	0:24:08	0:36:18	0:47:58	4:47
10	791	Isabel Sterckx	F	0:11:55	0:24:04	0:36:21	0:48:23	4:50
11	780	Ilse Vandenborne	F	0:11:45	0:23:55	0:36:31	0:49:07	4:54
12	697	Monique Smeets	F	0:11:38	0:24:10	0:36:44	0:49:18	4:55
13	701	Linda Linda van de ven	F	0:11:59	0:24:59	0:37:55	0:50:33	5:03
14	675	Janne van Rooij	F	0:13:29	0:26:11	0:38:45	0:50:43	5:04
15	768	Paula Cabuy	F	0:13:44	0:27:20	0:41:02	0:54:36	5:27
16	762	Cindy Van Compernelle	F	0:13:22	0:27:05	0:41:03	0:54:42	5:28
17	723	Charlien Vandersmissen	F	0:13:26	0:27:07	0:41:09	0:55:23	5:32
18	700	Conny Gijbels	F	0:14:17	0:28:34	0:43:00	0:57:41	5:46
19	705	Sandra Kinders	F	0:14:18	0:28:42	0:43:26	0:57:56	5:47
20	703	Else Maes	F	0:14:50	0:29:36	0:44:25	0:58:15	5:49
21	658	Jolien Van Hoof	F	0:15:11	0:30:03	0:44:54	0:58:58	5:53
22	660	Jinthe Van Hoof	F	0:15:10	0:30:03	0:44:54	0:58:58	5:53
23	659	Hilde Gevers	F	0:15:11	0:29:57	0:44:37	0:59:13	5:55
24	691	Ann Vanosmael	F	0:15:27	0:30:46	0:45:55	1:00:25	6:02
25	787	Angela Moeskops	F	0:14:54	0:30:15	0:45:31	1:00:41	6:04
26	782	Angelique Vliers	F	0:15:41	0:31:39	0:47:39	1:03:39	6:21
27	653	Sien Van Roey	F	0:16:03	0:32:21	0:48:57	1:06:16	6:37
28	797	Carle Van Cleynenbreugel	F	0:19:06	0:38:13	0:56:58	1:13:42	7:22
29	702	Mette Lykke Nielsen	F	0:18:32	0:37:29	0:56:48	1:15:28	7:32
30	690	An Jacobs	F	0:15:54	0:31:50			
31	656	Sandra De schutter	F					
32	661	Chanphen Phutthachong (Noi) Chanphen Phutthachong	F					
33	664	Fréliha Madara	F					

10km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5.0 km	7.5 km	10 km	Pace
1	773	Tommy Kinders	M	0:07:47	0:15:45	0:23:45	0:31:47	3:10
2	680	Ben Kerremans	M	0:08:15	0:16:52	0:25:18	0:33:52	3:23
3	775	Roel Pauwels	M	0:08:06	0:16:43	0:25:26	0:34:15	3:25
4	688	Jonas Bellekens	M	0:08:17	0:16:58	0:25:42	0:34:22	3:26
5	789	Bastien De zutter	M	0:08:26	0:17:12	0:26:06	0:34:44	3:28
6	718	Kim Riemis	M	0:08:15	0:16:56	0:25:56	0:34:54	3:29
7	696	PIETER Hendrickx	M	0:08:10	0:17:12	0:26:27	0:35:28	3:32
8	716	Aurélian Gheerardyn	M	0:08:17	0:17:36	0:27:11	0:36:39	3:39
9	772	Nick Vrancken	M	0:09:14	0:18:46	0:28:34	0:38:01	3:48
10	712	Frederik Keeris	M	0:09:16	0:19:02	0:28:46	0:38:02	3:48
11	737	Wim Huyten	M	0:09:15	0:18:55	0:28:48	0:38:35	3:51
12	798	Stijn Hendrickx	M	0:09:43	0:19:32	0:29:24	0:39:07	3:54
13	767	Jan Van Heuckelom	M	0:09:27	0:19:26	0:29:29	0:39:14	3:55
14	707	Bernard Timmers	M	0:09:47	0:19:41	0:29:41	0:39:37	3:57
15	730	Jef Verbrugghe	M	0:09:37	0:19:41	0:29:42	0:39:40	3:58
16	669	Piotr Jasota	M	0:10:07	0:20:17	0:30:25	0:40:26	4:02
17	776	Tom Saenen	M	0:09:37	0:19:25	0:29:44	0:40:38	4:03
18	694	Marc Arnauts	M	0:10:10	0:20:25	0:30:57	0:41:03	4:06
19	722	Tom Jansen	M	0:10:10	0:20:27	0:30:57	0:41:10	4:07
20	671	Kris Koch	M	0:10:20	0:20:51	0:31:23	0:41:26	4:08

10km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5.0 km	7.5 km	10 km	Pace
21	731	PASCAL FLERACKERS	M	0:10:39	0:21:00	0:31:23	0:41:34	4:09
22	799	Tom Van De Sande	M	0:10:11	0:20:32	0:31:12	0:41:44	4:10
23	725	Bram Van Rijt	M	0:10:07	0:20:48	0:31:34	0:42:19	4:13
24	800	Sim Bertels	M	0:10:21	0:20:55	0:31:48	0:42:32	4:15
25	781	Francis Huysmans	M	0:10:41	0:21:33	0:32:27	0:42:38	4:15
26	788	Rob Horemans	M	0:10:53	0:21:45	0:32:31	0:42:41	4:16
27	666	Bjorn Schilders	M	0:10:06	0:20:50	0:31:52	0:42:44	4:16
28	717	Rudy Vanden Bosch	M	0:10:39	0:21:30	0:32:26	0:42:59	4:17
29	770	Edgard Quirijnen	M	0:10:41	0:21:32	0:32:33	0:43:31	4:21
30	706	Joris Heremans	M	0:10:25	0:21:19	0:32:38	0:43:39	4:21
31	786	Mark Moeskops	M	0:10:50	0:22:02	0:33:12	0:43:40	4:22
32	728	Robin Thijs	M	0:10:24	0:21:17	0:32:37	0:43:57	4:23
33	774	Rudy Goris	M	0:10:23	0:21:25	0:32:55	0:44:24	4:26
34	763	Steven De Hondt	M	0:10:43	0:22:03	0:33:32	0:44:51	4:29
35	734	James Motten	M	0:11:28	0:22:29	0:33:57	0:45:10	4:31
36	674	Job Schellekens	M	0:11:23	0:22:52	0:34:24	0:45:12	4:31
37	793	Benoit Vranckx	M	0:10:55	0:22:17	0:33:55	0:45:28	4:32
38	766	Peter Caers	M	0:11:19	0:22:36	0:34:24	0:45:31	4:33
39	654	Willy Geys	M	0:11:45	0:23:22	0:35:22	0:46:06	4:36
40	795	Kris Vervoort	M	0:11:35	0:23:15	0:34:55	0:46:23	4:38
41	765	Tristen Meterings	M	0:11:36	0:23:05	0:34:55	0:46:33	4:39
42	732	Gilles Thijs	M	0:10:12	0:21:59	0:34:47	0:47:01	4:42
43	724	Vincent Lemmens	M	0:12:17	0:23:53	0:35:45	0:47:30	4:45
44	681	stefaan segaert	M	0:12:03	0:23:54	0:35:57	0:47:45	4:46
45	736	Jeroen Tack	M	0:11:59	0:23:48	0:36:05	0:47:49	4:46
46	714	Bruno Bruno Vanherck	M	0:11:49	0:24:09	0:36:18	0:47:56	4:47
47	715	Carlo Baus	M	0:11:49	0:24:09	0:36:18	0:47:56	4:47
48	735	Ronny Vanhay	M	0:11:59	0:23:48	0:36:05	0:47:59	4:47
49	771	Roland De Cuelaer	M	0:12:06	0:24:20	0:36:30	0:48:45	4:52
50	719	Guy VANCAMPENHOUT	M	0:12:03	0:24:09	0:36:30	0:48:49	4:52
51	764	Lucien Michielsens	M	0:12:55	0:24:57	0:37:03	0:48:59	4:53
52	678	Mitch Zijlmans	M	0:13:03	0:25:12	0:37:17	0:49:03	4:54
53	779	Michiel Claes	M	0:11:45	0:23:53	0:36:30	0:49:08	4:54
54	784	Robin Pluim	M	0:11:56	0:24:13	0:36:42	0:49:25	4:56
55	704	Davy Verdonck	M	0:11:52	0:25:02	0:37:48	0:49:32	4:57
56	695	Johan Parmentier	M	0:11:44	0:23:59	0:37:11	0:49:43	4:58
57	733	Peter Robert	M	0:12:43	0:25:29	0:38:22	0:50:27	5:02
58	792	Piet Watté	M	0:12:14	0:24:51	0:37:55	0:50:28	5:02
59	677	Koen Senders	M	0:13:28	0:26:11	0:38:45	0:50:43	5:04
60	693	Jelle Vangenechten	M	0:12:54	0:25:39	0:38:23	0:50:51	5:05
61	721	Kurt Van Oudendijck	M	0:13:28	0:26:37	0:39:31	0:51:46	5:10
62	708	David Coenen	M	0:12:13	0:25:12	0:38:38	0:52:09	5:12
63	668	Johan Van Oosterhout	M	0:13:41	0:27:19	0:40:46	0:53:30	5:21
64	783	Jozef Caers	M	0:11:57	0:25:28	0:39:33	0:53:33	5:21
65	790	Dirk Verrydt	M	0:13:21	0:26:41	0:40:28	0:53:46	5:22
66	769	Herman Stroobants	M	0:13:35	0:27:19	0:40:59	0:54:22	5:26
67	711	Gerry Briers	M	0:12:55	0:26:40	0:41:07	0:54:30	5:27
68	785	Yvo Sterckx	M	0:13:38	0:27:26	0:41:08	0:54:38	5:27
69	676	Peter Schellekens	M	0:14:01	0:27:41	0:41:15	0:54:43	5:28
70	692	Eric Eijckmans	M	0:13:46	0:27:51	0:41:52	0:55:44	5:34
71	684	Ludo Jennen	M	0:14:07	0:28:05	0:42:11	0:56:34	5:39
72	720	Elio Van Oudendijck	M	0:14:20	0:28:47	0:43:04	0:56:41	5:40
73	794	Pieter Jan Nagels	M	0:13:53	0:28:13	0:42:51	0:57:23	5:44
74	778	Rudy Verreyt	M	0:14:54	0:29:38	0:44:31	0:58:56	5:53
75	729	Yves Raguet	M	0:16:12	0:31:54	0:47:22	1:02:20	6:14
76	652	Stef Drees	M	0:15:39	0:31:44	0:47:44	1:02:53	6:17
77	651	Pascal Drees	M	0:15:39	0:31:44	0:47:44	1:02:53	6:17
78	672	Herman Willekens	M	0:16:30	0:32:46	0:49:48	1:05:38	6:33

10km (male)

Pos	Bib#	Athlete	Gender	2.5 km	5.0 km	7.5 km	10 km	Pace
79	683	Steven Godefridi	M	0:24:58	0:40:31	0:55:55	1:11:05	7:06
80	796	Benoit Suy	M	0:19:06	0:38:13	0:56:58	1:13:42	7:22
81	657	Sven Sadkowski	M					
82	665	Joren Bastiaens	M					
83	667	Filiep Debaere	M					
84	670	Koch Kris	M					
85	679	Kristof Camacho	M					
86	685	Bert Van Gorp	M					
87	686	Franki Van Bael	M					
88	687	Stijn Jacobs	M					
89	713	tibo lemmens	M					
90	726	Mark Peeters	M					
91	727	werner wekhuizen	M					